

# Invitation letter for the European Fudokan Championship

Dear colleagues and friends, dear karateka,

It is my great honor and pleasure to add few words to invitation for next 23rd European Fudokan championship, 14 to 15th October 2016 in Cracov, Poland.

I would kindly ask you to focus your attention, that it will not be just a regular championship: few great news and challenges for masters and participants, which will happen for the first time:

- The European Fudokan Championships and World Traditional Karate-Do Championships Cracow ORLEN 2016 will be held in one place at the same time!
- In TAURON Arena Cracow, as a part of KARATE-DO RENAISSANCE FESTIVAL
- More than 3000 competitors, in of the biggest sport centers of Europe!
- Only 2 days of competition for all participants!
- The tournament will be finished by ultimate match between the finalists of WFF European Championships and WTKF World Championships!
- The part of cooperation is also the World BUDO Congress to be held on October 13, 2016 in Japanese Martial Arts and Sports Centre Dojo - Stara Wies
- More than 1.000 prizes and medals for winners in all categories!

I am looking forward to meet you there all of you, dear friends, to become participants of really historical event!

Yours sincerely,

EFC Chairman

Dr. Zurab Merabishvili, 6. Dan

# **POLAND FUDOKAN FEDERATION**

**Co-organizing Committee of World Fudokan federation  
European Fudokan confederation  
and Poland Fudokan federation**

**To: WFF Officials  
WFF National Federation Members**

**Dear Athletes, Coaches, Instructors, Officials, Judges and Friends of Karate,**

On behalf of WORLD FUDOKAN FEDERATION, EUROPEAN FUDOKAN CONFEDERATION and POLAND FUDOKAN FEDERATION - we have the greatest honor and to invite all national federations to the

## **23<sup>rd</sup> EUROPEAN FUDOKAN CHAMPIONSHIPS For Cadets, Juniors, Youth, Seniors and Veterans to be held on October 12 - 16, 2016, in Cracow – Poland**

During the Championship Fudokan Federation of Poland will organize international referee and coach Course during which will be presented Fudokan rules.

Official information regarding competition program, participation, protocols, accommodation etc. will be sent to you regularly and updated on our internet presentations: [www.fudokaninfo.com](http://www.fudokaninfo.com).

With all of our heart, we are inviting you to be a part of this special jubilee! We are counting on your presence, for a successful World Fudokan Championship!

**WELCOME!!!**

PRESIDENT of EFC

DR. ZURAB MERABISHVILI  
6. DAN

EXECUTIVE PRESIDENT OF WFF

Univ. Prof. ILIJA JORGA, M.D., PhD  
Soke 10. DAN  
Founder of Fudokan and of WFF

PRESIDENT of PFF

Mr. PIOTR TYTON  
4. DAN

# **23<sup>rd</sup> European FUDOKAN CHAMPIONSHIP FOR CADETS, JUNIORS, YOUTH, SENIORS AND VETERANS**

## **23<sup>rd</sup> EUROPEAN FUDOKAN CUP FOR CHILDREN**

**Cracow, Poland, 12 - 16 October, 2016**

**Sanctioned by:**

EUROPEAN FUDOKAN FEDERATION

President: Sensei Dr. Zurab Merabishvili M.D. 6.Dan

**Approved by:**

CHAIRMAN of WFF

Univ. prof. ILIJA JORGA M.D., Ph.D. Soke 10. DAN

Founder of FUDOKAN and WFF

**Chief judge:**

Sensei Mike Apan 7. Dan

**Controlor judges:**

Sensei Igor Gajic 5. Dan

**Administrative assistant:**

Sensei Adrian Nedeloiu 5. Dan

**Hosted by:**

POLAND FUDOKAN FEDERATION President: Mr. PIOTR TYTON

**Organized by:**

Tournament Organizing Committee (T.O.C.) of the EUROPEAN Fudokan Championships 2016

T.O.C. PRESIDENT:

PRESIDENT OF POLAND FUDOKAN FEDERATION

Date: 12 - 16 October, 2016

Place: CRACOW-POLAND

## **PARTICIPANTS:**

- Athletes officially selected by the WFF - National Federation Members of each country according to the following requirements:
- Each country shall be represented by one official team.
- Co-organizing countries have the right for a double quota of participants
- Each athlete must be a citizen of the represented country.
- Each athlete must know, thoroughly understand and be able to compete under the
  - WFF - Competition Rules.
- Every participant must be free of any physical or mental handicap - therefore cannot cause any kind of difficulties during competition, under the WFF Rules.
- All competitors must have Medical Release signed by official national doctor.

### **All National Federation participants must be WFF Member for 2016.**

Participation on the World Championships and Cup is conditioned by the payment of all membership fees to WFF and EFC (affiliation – for the new members, annual membership fee for 2016).

All athletes who want to enter the European Fudokan Championships competitions MUST have a Fudokan BUDOPASS with the Annual Visa 2016.

All athletes for Ippon-Shobu-Kumite must have gloves and mouth guard and groin protection for male and chest protection for female.

### **SPECIAL ATTENTION TO THE DELEGATIONS LEADERS!**

On the registration for the competition, all delegations leaders must show to the WFF secretariat - DAN registration number for all black belt holders - for coaches, international judges and athletes.

**\* Only registered Black belt holders are allowed to enter the competition!**

**Dear federation  
leaders,**

In order to have properly organized Championship - it is very important that you send your complete team applications (lists with names of participants and competition categories)

# 23<sup>rd</sup> European Fudokan Cup for Children

Cracow, Poland, 12 - 16 October, 2016

## COMPETITION CATEGORIES

Each country shall be represented by one official team with participants, aged 6 to 13 years old, and which will compete under the WFF/EFC - COMPETITION RULES.

### **A. CHILDREN I. AGE 6-7 YEARS ( BORN IN 2009 AND YOUNGER )**

Individual Kata Girls	No limit per country	Team Kata Girls	No limit per country
Individual Kata Boys	No limit per country	Team Kata Boys	No limit per country
Enbu Girl-Boy	No limit per country	Enbu Boy-Boy	No limit per country
Individual Kihon girls	No limit per country	Individual kihon – ipon girls	No limit per country
Individual kihon boys	No limit per country	Individual kihon –ipon boys	No limit per country

### **B. CHILDREN II. AGE 8-9 YEARS (BORN IN 2007-2008)**

Individual Kata Girls	No limit per country	Team Kata Girls	No limit per country
Individual Kata Boys	No limit per country	Team Kata Boys	No limit per country
Enbu Girl-Boy	No limit per country	Enbu Boy-Boy	No limit per country
Individual Kihon girls	No limit per country	Individual kihon – ipon girls	No limit per country
Individual kihon boys	No limit per country	Individual kihon –ipon boys	No limit per country

### **C. CHILDREN III. AGE 10-11 YEARS (BORN IN 2005-2006)**

Individual Kata Girls	No limit per country	Team Kata Girls	No limit per country
Individual Kata Boys	No limit per country	Team Kata Boys	No limit per country
Ind. Jiyu-Ippon-Kumite Girls	No limit per country	Enbu Girl-Boy	No limit per country
Ind. jiyu-ippun kumite boys	No limit per country	Enbu Boy-Boy	No limit per country
Individual Kihon girls	No limit per country	Team jiyu-ippun kumite boy	No limit per country
Individual Kihon Boys	No limit per country	Team jiyu-ippun kumite girls	No limit per country

### **D. CHILDREN IV. AGE 12-13 YEARS (BORN IN 2003-2004)**

Individual Kata Girls	No limit per country	Team Kata Girls	No limit per country
Individual Kata Boys	No limit per country	Team Kata Boys	No limit per country
Ind. Jiyu-Ippon-Kumite Girls	No limit per country	Enbu Girl-Boy	No limit per country
Ind. jiyu-ippun kumite boys	No limit per country	Enbu Boy-Boy	No limit per country
Individual Kihon girls	No limit per country	Individual Kihon boys	No limit per country
Team jiyu-ippun kumite boys	No limit per country	Team jiyu-ippun kumite girls	No limit per country

## COMPETITION RULES for European Childrens Cup

### INDIVIDUAL KATA:

**Groups A, B, C, D: eliminations, semi-finals, finals - flag system plus Repassage**

TYPE OF KATA (individual and team):

Group A: elimination/ semi-final/ final Heian 1-2-3, Taikyoku

Group B: elimination/ semi-final/ final Heian 1-2-3-4-5, Heian Oi Kumi

Group C: elimination/ semi-final/ final Heian 1-2-3-4-5, Heian Oi Kumi, Bassai-Dai

Group D: elimination/ semi-final/ final Heian 1-2-3-4-5, Heian Oi-Kumi, Bassai-Dai,  
Kanku Dai, Jion, Enpi, Taiji shodan

Team Kata: Each team will be composed of 3 contestants  
(1 athlete can be from the younger group)

APPLICATION OF KATA (Bunkai)

Children groups (only D) must demonstrate Application of Kata.

### KIHON KUMITE:

From natural stance must step back with Gedan-barai and start techniques from left (Hidari) stance!

#### GROUP A, B

#### GROUP C, D

1. Oi-Zuki-Jodan	forward	1. Oi-Zuki-Jodan	forward
2. Age-Uke/Gyaku-Zuki	backward	2. Age-Uke/Gyaku-Zuki	backward
3. Gyaku-Zuki Chudan	forward	3. Oi-Zuki-Chudan	forward
4. Uchi-Uke/Gyaku-Zuki	backward	4. Soto-Uke/Gyaku-Zuki	backward
5. Mae-Geri-Chudan	forward	5. Mae-Geri-Chudan	forward
6. Gedan-barai/Gyaku-Zuki	backward	6. Gedan-barai/Gyaku-Zuki	backward
		7. Mawashi-Geri-Jodan	forward
		8. Uchi-Uke/Gyaku-Zuki	backward

**KIHON-IPPON KUMITE GROUP A:**

ATTACK: Natural stance: Gedan-barai step back in zenkutsu dachi and attack techniques from left (Hidari) or from right (Migi) stance!

DEFENSE: Heiko (Yoi) dachi

1.

ATTACK: AKA - Oi-tsuki (jodan)

DEFENSE: SHIRO - Age-uke counter attack: Gyaku-Tsuki-Chudan

2.

ATTACK: AKA - Oi-tsuki (chudan)

DEFENSE: SHIRO - Soto-uke counter attack: Gyaku-Tsuki-Chudan

3.

ATTACK: AKA - Mae-geri (chudan)

DEFENSE: SHIRO - Gedan-barai counter attack: Gyaku-Tsuki-Chudan

**KIHON-IPPON KUMITE GROUP B:**

1.

ATTACK: AKA - Oi-tsuki(jodan)

DEFENSE: SHIRO - Age-uke counter attack: Gyaku-Tsuki-Chudan

2.

ATTACK: AKA - Mae-geri(chudan)

DEFENSE: SHIRO - Gedan-barai counter attack: Gyaku-Tsuki-Chudan

3.

ATTACK: AKA - Mawashi-geri(chudan)

DEFENSE: SHIRO - Uchi-uke counter attack: Gyaku-Tsuki-Chudan

**JIUY IPPON KUMITE Group C and D:**

ATTACK: Kizami-Tsuki-Jodan, Oi-Tsuki-Jodan, Gyaku-Tsuki-Chudan, Mae-Geri-Chudan, Mawashi-Geri- Jodan;

\*IN FINAL MATCHES ONLY - plus RENZOKU-KOGEKI-WAZA:  
Kizami-Tsuki-Jodan - Mawashi-Geri-Jodan - Uraken-Uchi-Jodan -  
Gyaku-Tsuki-Chudan.

DEFENCE: ONLY Uke-waza, counter attack: Gyaku-Tsuki-Chudan

## **23<sup>rd</sup> European Fudokan Karate Championships**

**Participants aged 14+ (cadets, juniors, youth, seniors and veteran category), competing under WFF/EFC rules, as following:**

**Each country shall be represented by one official team.**

### **COMPETITION CATEGORIES**

#### **E. CADETS AGE 14-15 YEARS (BORN IN 2001 – 2002)**

Individual Kata Women	8 athletes/Country	Team Kata Women	2 team/Country
Individual Kata Men	8 athletes/Country	Team Kata Men	2 team/Country
Ind. Fuku-Go Woman	8 athletes/Country	Enbu Woman/Man	2 team/Country
Ind. Fuku-Go Men	8 athletes/Country	Enbu Man/Man	2 team/Country
Ind. Ko-go Kumite Women	8 athletes/Country	Ko-go Kumite team women	2 team/country
Ind. Ko-go Kumite Men	8 athletes/Country	Ko-go Kumite Team Men	2 team/Country

#### **F. JUNIORS AGE 16-18 YEARS (BORN IN 1998, 1999, 2000)**

Individual Kata Women	8 athletes/Country	Team Kata Women	2 team/Country
Individual Kata Men	8 athletes/Country	Team Kata Men	2 team/Country
Ind. Fuku-Go Woman	8 athletes/Country	Enbu Woman/Man	2 team/Country
Ind. Fuku-Go Men	8 athletes/Country	Enbu Man/Man	2 team/Country
Ind. Ko-go Kumite Women	8 athletes/Country	Ko-go Kumite team women	2 team/country
Ind. Ko-go Kumite Men	8 athletes/Country	Ko-go Kumite Team Men	2 team/Country



**G. YOUTHS AGE 19-21 YEARS (BORN IN 1995, 1996, 1997)**

Individual Kata Women	8 athletes/Country	Team Kata Women	2 team/Country
Individual Kata Men	8 athletes/Country	Team Kata Men	2 team/Country
Ind. Fuku-Go Woman	8 athletes/Country	Enbu Woman/Man	2 team/Country
Ind. Fuku-Go Men	8 athletes/Country	Enbu Man/Man	2 team/Country
Ind. Kumite Women	8 athletes/Country	Kumite team women	2 team/country
Ind. Kumite Men	8 athletes/Country	Kumite Team Men	2 team/Country

**H. SENIORS, YOUNGER GROUP (AGE FROM 21 - 34 YEARS)**

Individual Kata Women	4 athletes/Country	Team Kata Women	1 team/Country
Individual Kata Men	4 athletes/Country	Team Kata Men	1 team/Country
Ind. Fuku-Go Woman	4 athletes/Country	Enbu Woman/Man	1 team/Country
Ind. Fuku-Go Men	4 athletes/Country	Enbu Man/Man	1 team/Country
Ind. Kumite Women	4 athletes/Country	Kumite team women	1 team/country
Ind. Kumite Men	4 athletes/Country	Kumite Team Men	1 team/Country

**I. SENIORS, OLDER GROUP (AGE FROM 35 – 49 YEARS)**

Individual Kata Women	4 athletes/Country	Team Kata Women	1 team/Country
Individual Kata Men	4 athletes/Country	Team Kata Men	1 team/Country
Ind. Fuku-Go Woman	4 athletes/Country	Enbu Woman/Man	1 team/Country
Ind. Fuku-Go Men	4 athletes/Country	Enbu Man/Man	1 team/Country
Ind. Kumite Women	4 athletes/Country	Kumite team women	1 team/country
Ind. Kumite Men	4 athletes/Country	Kumite Team Men	1 team/Country

**SENIORS, WEIGHT CATEGORIES****IPPON SHOBU INDIVIDUAL KUMITE (Weight category)**

Year category	Weight category
Ind. Kumite (Ippon Shobu) Women	-53kg, -60kg, -70kg
Ind. Kumite (Ippon Shobu) Men	light: -64kg, half-light -69kg, medium -75kg, half-heavy -82kg, heavy -90kg, super heavy +90kg

INDIVIDUAL KATA COMPETITION – ELIMINATIONS AND SEMI-FINALS WILL BE BY FLAG SYSTEM,  
FINALS – POINT SYSTEM

IMPORTANT NOTE: KATE - FLAG REPASSAGE, FINALS: POINT SYSTEM (DRAWING FOR PLACEMENT 1 TO 4)

\* in weight senior categories can participate both group of seniors – younger and older

**J. VETERANS AGE 50 YEARS AND OLDER**

<b>Kumite</b>	<b>Kata</b>	<b>Fuku Go</b>
<b>Age category</b>	<b>Age category</b>	<b>Age category</b>
50 to 54 year	50 to 54 year	50 to 54 year
55 to 59	55 to 59	55 to 59
60 to 64 year	60 to 64 year	60 to 64 year
65 to 69	65 to 69	65 to 69
70 and older	70 and older	70 and older

Participants of any age category can compete according to body weight in any of listed weight categories.

<b>Kobudo</b>	<b>Tsume-Ai</b>	<b>Tamashiwari</b>
<b>Age category</b>	<b>Age category</b>	<b>Age category</b>
Youth	Seniors group H,I (young – old)	Seniors group H,I (young – old)
Seniors group H,I (young – old)	Veterans J (all categories)	Veterans J (all categories)
Veterans J (all categories)		

## **COMPETITION RULES for the European Chanmionship**

### **ATTENTION:**

- 1. AN ATHLETE CAN PARTICIPATE IN INDIVIDUAL CATEGORIES ONLY IN HIS AGE CATEGORY. IF HE PARTICIPATES IN TEAM CATEGORY FOR AN OLDER AGE GROUP, HE CANNOT PARTICIPATE IN THE SAME TEAM CATEGORY IN HIS AGE GROUP**

**Example: one junior athlete can participate in individual categories for juniors. He can participate in team kata for youth. In this case he cannot be part of team kata juniors**

- 2. The KUMITE event of FUKU-GO has the SAME RULES for each category as in INDIVIDUAL KUMITE or Kogo Kumite according with the category as below.**

## **SYSTEM OF CONTEST:**

### **INDIVIDUAL KATA:**

Groups: E, F, G, H, I (E.F.K.C.)

FLAG SYSTEM – REPASAGE

POINT SYSTEM IN FINALS (DRAWING FOR PLACEMENT 1 TO 4)

### **TYPE OF KATA (individual and team):**

E.F.K.C.

GROUPS: E, F, G, H, I, J - elimination/ semi-final/ final - All KATAS.

Team Kata: Each team will be composed of 3 contestants  
(1 athlete can be from the younger group)

# **CAMPIONSHIP PROGRAM:**

## **1. Judge program:**

**ATTENTION! ATTENDING THE JUDGE COURSE IS MANDATORY FOR ALL JUDGES!**

**THE JUDGES NOT ATTENDING THE SPECIAL JUDGE COURSE HELD BEFORE THE CHAMPIONSHIPS WILL NOT BE ALLOWED TO JUDGE AT COMPETITIONS.**

**ONLY A CLASS JUDGES SHOULD ARRIVE 24h BEFORE CHAMPIONSHIP!**

## **12<sup>th</sup> October 2016 - Wednesday**

### **Arrival of Judges**

**18:00 – 19:00 - Judge Course:**

**CHIEF JUDGE** - Sensei Mike Apan 7 DAN

**CONTROLLER OF JUDGING IN COMPETITION**

Sensei Igor Gajic 5 DAN

**ADMINISTRATIVE ASSISTANT OF CHIEF JUDGE**

Sensei Adrian Nedeloiu 5 DAN

KOBUDO - Sensei Sergei Mirutenko 7 DAN

TAMASHIWARI - Sensei Karl Hans König 7 DAN

## **13<sup>th</sup> October 2016 – Thursday**

**10:00 – 13:00 – Judge course and EXAMS**

**15:00 – 17:00 – Judge course and EXAMS**

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## **2. Athletes program:**

### **13<sup>th</sup> October 2016 – Thursday**

Arrival of teams to Cracov (International Airport), Transfer from airport to Hotels

#### **08:00 – 21:00 - ENTRY REGISTRATION**

Place: Office of the European Championship

#### **21:00 - REGISTRATION DEADLINE**

(In exceptional cases this deadline shall be extended, with prior notice, for delegations arriving late at the airport)

### **14<sup>th</sup> October 2016 – Friday**

#### **08:30 – 09:30-Fudokan Karate Seminar**

#### **with Higashiyama Sensei Prof. Dr. Ilija Jorga 10 DAN**

This seminar is obligatory for all children, cadets, juniors and youth categories.

#### **10:00 – Start of competition**

Eliminations, semi-finals, finals for Children Category

Eliminations, semi-finals, finals for Cadet and Junior Category

#### **13:00 – 14:00 Lunch break**

After the break, the championship continues.

#### **21.00 End of competition**

#### **21:30 - E.F.C. congress – congress hall**

### **15<sup>th</sup> October 2016 – Saturday**

#### **09:00 – Start of competition**

Finals for cadets

Finals for Juniors

Eliminations, semi-finals, finals for Category Youth

Eliminations, semi-finals, finals for Category Seniors

Eliminations, semi-finals, finals for Category Veterans

#### **13:00 – 14:00 Lunch break**

After the break, the championship continues.

#### **22:00 - Closing Ceremony**

#### **23:00 – Sayonara party**

## **ENTRY PROCEDURE**

The following documents must be sent to the Championships Organizational Committee by 1st September at the latest:

**1. Completed entry application form (hotel and categories).**

**2. Completed "Medical Release" form for each competitor.**

**Entry fees** – payable at the Championship Office by cash.

### **PARTICIPATION FEES**

**EU 20** per person, per category

(Children)

**EU 25** per En-bu team

**EU 35** per Kata team

### **PARTICIPATION FEES**

**EU 30** per person, per category

(Cadets, Juniors, Youths, Seniors)

**EU 30** per En-bu team

**EU 55** per Kata/Kumite team

### **PARTICIPATION FEES**

**for Dr. ILIJA JORGA's Seminar**

**Free**

### **PARTICIPATION FEES for Judges:**

JUDGES/COACH COURSE

35 EUR / Person

JUDGES EXAMS

(CATEGORY A,B,C,) KATA / EN-BU

25 EUR / Person

JUDGES EXAMS

(CATEGORY A,B,C,) KUMITE / FUKUGO

25 EUR / Person

VOUCHER

15 EUR PER

PARTICIPANTS (COMPETITORS, COACH, JUDGE)

## **DRAWING:**

All Coaches may attend the drawing. It is strongly recommended for the coaches to attend the drawing till the end of the session and verify that their athletes participation is correctly selected.

**After drawing there will be NO possibility to make any changes.**

Each National Federation must grant each register participant or visitor as for their own insurance (minimum 10.000 EUR).

The local organizers are not responsible for participants risk if participants are not insured, Personal belongings are always under responsibility of the owner.

Each participating Nation is required to bring its national anthem (on CD) and flags 1,5 m x 2m.

**If you have any questions, please contact:**

**EUROPEAN FUDOKAN CONFEDERATION**

**Phone +381 60 33 74 066 Aleksandar Simic**

**e-mail: [worldfudokan@gmail.com](mailto:worldfudokan@gmail.com)**

**We look forward to met you in Crakow for the  
European Fudokan Karate Championship!**

# **APPLICATION FORM**

**Country/Organization**\_\_\_\_\_

**Address:**\_\_\_\_\_

## **OFFICIALS**

No.	Name and Surname	Position	Sex	Rank

## **REFEREES**

No.	Name and Surname	Age	Sex	Rank	Judge Qualification	
					Kata	Kumite

## **COACHES**

No.	Name and Surname	Sex	Rank

## **DOCTORS**

No.	Name and Surname	Sex

**DATE:** .....

**SIGNATURE**.....

**TITLE:**.....





# **MEDICAL RELEASE**

Name: \_\_\_\_\_ Country: \_\_\_\_\_

Sex: \_\_\_\_\_ Age: \_\_\_\_\_ Age

Category: \_\_\_\_\_

## **PARTICIPATION CATEGORY:**

☐ Individual Kumite ☐ Team kumite ☐ Fuku-go

☐ Individual Kata ☐ Synchronized Kata ☐ Enbu

## **MY PRESENT HEALTH HISTORY IS AS FOLLOWS:**

1. Extreme Heart Murmur \_\_\_\_  
15. Disorders \_\_\_\_

8. Nose Injury \_\_\_\_

2. Severe hypotension \_\_\_\_  
16. Neck Injury \_\_\_\_

9. Severe Bone Bruise Requiring padding \_\_\_\_

3. Recent Infection \_\_\_\_  
17. Facial Injury \_\_\_\_

10. Kidney Injury \_\_\_\_

4. Bone Fracture Within Past 6 Moth \_\_\_\_  
18. Ear Injury \_\_\_\_

11. Drug Allergies \_\_\_\_

5. Concussion or severe Head Trauma \_\_\_\_  
19. Hepatitis of Diff. Origin \_\_\_\_

12. Bleeding \_\_\_\_ 15. Spinal Injury \_\_\_\_

6. Seizures \_\_\_\_

13. Syncope of Diff. origin \_\_\_\_

20. Currently Taking Any

Medication or \_\_\_\_

7. Eye Injury \_\_\_\_  
21. Treatment \_\_\_\_

14. Joint Injury \_\_\_\_

If my medical history is not as represented above, I will take all responsibility and release all tournament officials from any and all liabilities.

DATE \_\_\_\_\_

Applicant's Signature \_\_\_\_\_ Coach's Signature \_\_\_\_\_ Parents  
signature \_\_\_\_\_

**REMARK:**

If you answered "yes" to any of the above, you will be required to check with the Tournament Medical Committee before competing in the tournament.

(For official Use Only)

**APPROVED**\_\_\_\_\_ **NOT APPROVED** (for participation in this event)\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**DATE:**\_\_\_\_\_

**CHIEF MEDICAL JUDGE**\_\_\_\_\_

## **Hotel offer for accommodation**

European Fudokan Championships ORLEN Cracow

Please kindly note that:

- ☐ All rates are per **ROOM**, in **EURO**, including **breakfast and VAT**.
- ☐ Rates are valid for the group of **min.15 pax** in one hotel.
- ☐ It is possible to book **less rooms** than total amount offered in any hotel.
- ☐ It is possible to book rooms for **less nights** than specified in the offer.
- ☐ It is possible to book **additional nights** in any hotel but only on request and after receiving confirmation from JAN-POL DMC Poland.

**The offer is valid until 30 JUN 2016.**

Reservations are based on availability. Please note that the number of rooms available is limited, so we advise to make reservations as early as possible.

**To make a reservation, please contact:**

**Aleksandar Simic**  
**phone: +381**  
**603374 066**

or official email of  
European  
championship

## Hotel beds available

Hotel	Beds
City Hostel	50
Good Bye Lenin Revolution Hostel	66
Korona Guest Rooms	50
Kosmopolita Guest Rooms	52
Jordan Guest Rooms	54
Arka Hotel	52
Junior 2	55
Krakus Junior Hotel *	55
Bona Hotel **	45
Panorama Hotel **	35
Alf Hotel **	50
Grand Felix Hotel **	88
Leopolis Hotel ***	50
Daisy Superior Hotel ***	68
City SM Business & SPA Hotel ***	53
Fero Express Hotel ***	50
Ruczaj Hotel ***	49
Major Hotel ***	50
Kolna Hotel ***	160
Best Western RT Galicya Hotel ***	50
Wyspiański Hotel ***	35
Ascot Hotel ***	35
Ibis Old Town Hotel ***	35
Royal Hotel ***	40
Novotel Krakow Centrum Hotel *****	35
Andel's Hotel *****	40

**Total: 1402**

## **HOSTELS AND GUEST ROOMS**

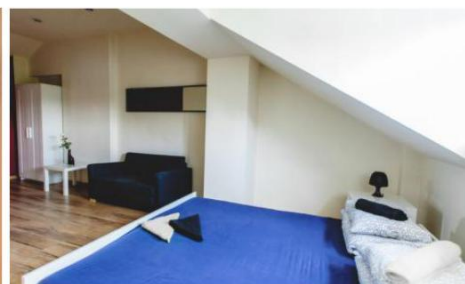
### **CITY HOSTEL**



This hostel offers modern accommodation in a 17th century building, right in the heart of the city. The hostel is just 100 m from the main railway station and only a 3-minute walk from the Old Market Square, it has great access to Tauron Arena – 4,5 km away. The hostel has 18 rooms, club room, a vending machine for drinks, a luggage room, a washing machine, an iron and an ironing board. There is also a fully equipped kitchen available for guests' use.

**DATE: 13 - 18 October 2016**

	NIGHTS	ROOMS	PRICE PER ROOM PER NIGHT
<b>DBL</b>	5	4	<b>53 €</b>
<b>QUAD</b>	5	1	<b>100 €</b>
<b>6-bedded</b>	5	4	<b>144 €</b>
<b>7-bedded</b>	5	2	<b>161 €</b>

**GOOD BYE LENIN REVOLUTION HOSTEL**

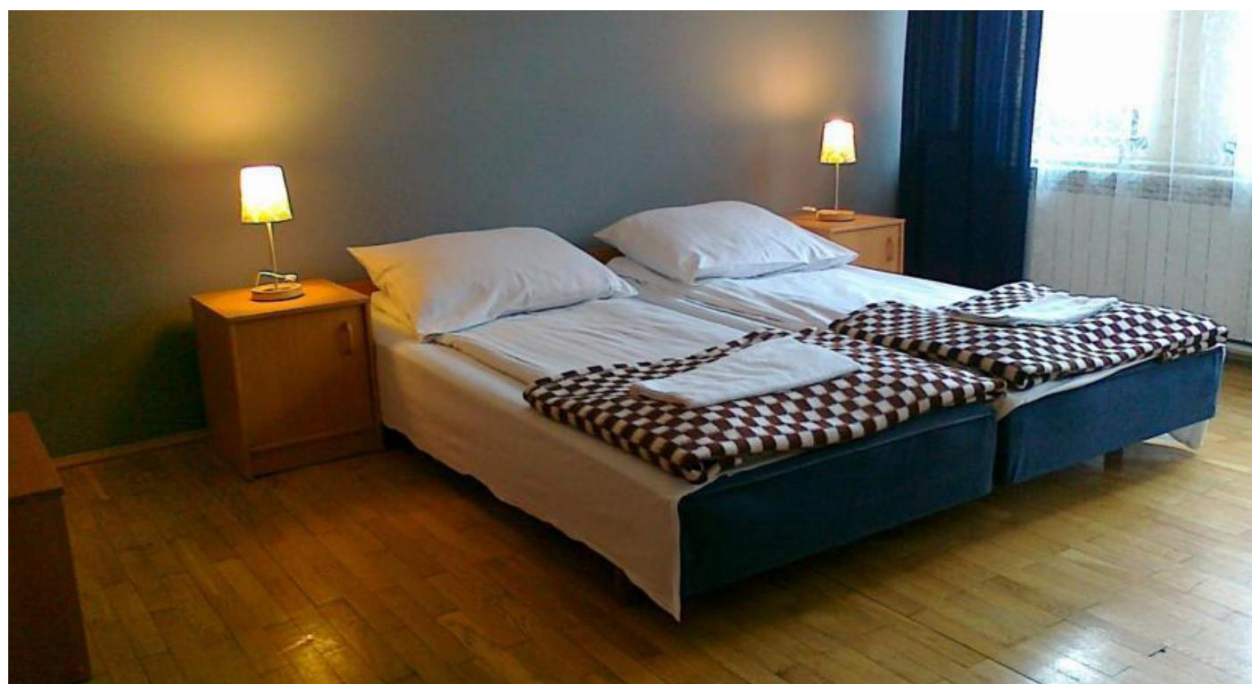
Hostel Good Bye Lenin Revolution hostel is located only a 9-minute walk from the Main Square and 5 km from Tauron Arena. It offers free Wi-Fi in all areas. All basic rooms at the Good Bye Lenin feature simple and classic furnishings. Guests have access to a private bathroom or shared bathroom facilities.

The hostel provides a free luggage storage and a bicycle parking. Guests can spend time in the common living room.

**DATE: 13 - 18 October 2016**

	NIGHTS	ROOMS	PRICE PER ROOM PER NIGHT
<b>SGL</b>	5	2	<b>45 €</b>
<b>TWIN</b>	5	5	<b>82 €</b>
<b>QUAD</b>	5	2	<b>83 €</b>
<b>6-bedded</b>	5	5	<b>120 €</b>
<b>8-bedded</b>		2	<b>157 €</b>



**KORONA GUEST ROOMS**

Korona Guest Rooms is located only 850 m from the lively Kazimierz district in Krakow and 5 km from Tauron Arena. It offers basic rooms with free Wi-Fi and private bathroom facilities.

Each room at the Korona offers a TV and a private bathroom with bath or shower. Guests can benefit from a safety deposit box and a luggage storage room.

**DATE: 13 - 18 October 2016**

	NIGHTS	ROOMS	PRICE PER ROOM PER NIGHT
<b>SGL</b>	5	3	<b>35 €</b>
<b>DBL</b>	5	8	<b>56 €</b>
<b>TRPL</b>	5	5	<b>80 €</b>
<b>STUDIO (2+1)</b>	5	2	<b>78 €</b>
<b>STUDIO (2+3)</b>	5	2	<b>125 €</b>

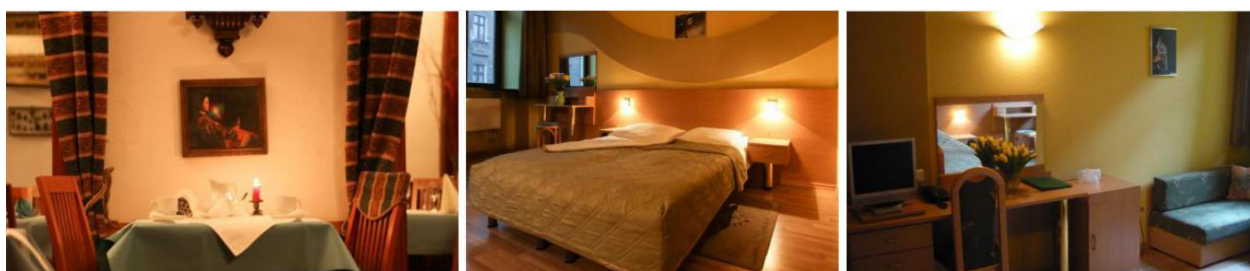


**KOSMOPOLITA GUEST ROOMS**

Guest Rooms Kosmopolita is a hostel located in central Kraków, just 850 m from the city's main railway station and 4,5 km from Tauron Arena. It features bright rooms with satellite TV, free Wi-Fi and a private bathroom. All rooms at the Kosmopolita are classically furnished and come with a work desk, a radio and a bathroom with a shower and a hairdryer. Some offer a seating area.

**DATE: 13 - 18 October 2016**

	NIGHTS	ROOMS	PRICE PER ROOM PER NIGHT
<b>SGL</b>	5	5	<b>50 €</b>
<b>DBL</b>	5	16	<b>70 €</b>
<b>TRPL</b>	5	1	<b>90 €</b>
<b>QUAD</b>	5	3	<b>108 €</b>

**JORDAN GUEST ROOMS**

This small, elegant hotel is conveniently located in the city centre close to the Main Market Square, within easy walking distance to the main historical monuments such as the Cloth Hall, St. Florian's Gate, Wawel Royal Castle and 4,5 km away from Tauron Arena. The hotel offers comfortable accommodation with a bright and colourful decor, fashionably designed rooms to create a homely atmosphere.

**DATE: 13 - 18 October 2016**

	NIGHTS	ROOMS	PRICE PER ROOM PER NIGHT
<b>SGL</b>	5	3	<b>57 €</b>
<b>DBL</b>	5	7	<b>83 €</b>
<b>TWIN</b>	5	8	<b>92 €</b>
<b>TRPL</b>	5	7	<b>111 €</b>

## **0\* - 2\* HOTELS**

### **ARKA HOTEL**



Arka Hotel offers accommodation in 62 rooms with free Wi-Fi and private parking, 8 km from the centre of Kraków, 4,5 km from Tauron Arena (great access). It offers a 24-hour front desk.

The rooms are classically decorated in warm colours. Each comes with a flat-screen TV, armchairs, and a private bathroom with a shower.

The Arka Hotel building features an elevator. There is also a safe and barbecue facilities. Laundry services can be provided. Breakfast buffet is served in the dining room

**DATE: 13 - 18 October 2016**

	NIGHTS	ROOMS	PRICE PER ROOM PER NIGHT
<b>SGL</b>	5	50 beds	<b>30 €</b>
<b>DBL</b>	5		<b>50 €</b>
<b>TRPL</b>	5		<b>69 €</b>



**JUNIOR 2 HOTEL**

The hotel is located on the south of Krakow, 10 km from Tauron Arena and 7 km from the Old Town. It offers 1, 2, 3 and 4 people rooms, each with a bathroom.

**DATE: 13 - 18 October 2016**

	NIGHTS	ROOMS	PRICE PER ROOM PER NIGHT
<b>SGL</b>	5	5	<b>44 €</b>
<b>TRPL</b>	5	2	<b>90 €</b>
<b>QUAD</b>	5	11	<b>112 €</b>

**KRAKUS JUNIOR HOTEL \***

The hotel is located in green and quiet part of Krakow - 5 km from the Old Town and only 2,5 km from Tauron Arena. The hotel offers comfortable rooms with bathrooms, TV and radio. The hotel bar serves Polish dishes.

**DATE: 13 - 18 October 2016**

	NIGHTS	ROOMS	PRICE PER ROOM PER NIGHT
<b>SGL</b>	5	5	<b>42 €</b>
<b>STUDIO (2+3)</b>	5	10	<b>135 €</b>

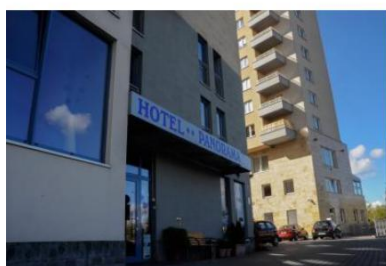


**BONA HOTEL \*\***

Hotel Bona is located close to the Tyniec Landscape Park, 6 km from the centre of Krakow, 25-minute ride from Tauron Arena. It offers homely accommodation in 22 rooms with free Wi-Fi and satellite TV. Each room has a private bathroom.

**DATE: 13 - 18 October 2016**

	NIGHTS	ROOMS	PRICE PER ROOM PER NIGHT
<b>SGL</b>	5	2	<b>36 €</b>
<b>DBL</b>	5	14	<b>65 €</b>
<b>TRPL</b>	5	5	<b>96 €</b>

**PANORAMA HOTEL \*\***

The hotel is situated ca 4 km from the Old Town and ca.7,5 km form Tauron Arena. It is in a close vicinity to the Divine Mercy Sanctuary in Lągowniki in a quiet part of the city. It offers rooms with bathrooms, free Wi-Fi, a desk and TV. The hotels also offers a souna.

**DATE: 13 - 18 October 2016**

	NIGHTS	ROOMS	PRICE PER ROOM PER NIGHT
<b>DBL</b>	5	13	<b>60 €</b>
<b>TRPL</b>	5	7	<b>84 €</b>



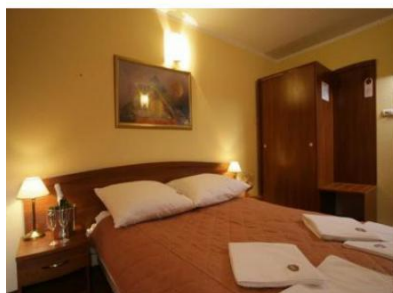
**ALF HOTEL \*\***

The 2-star Hotel Alf is located 3 km from the Krakow's Main Market Square. Boasting convenient access to public transport, the hotel is a 10-minute ride from Tauron Arena, the Old Town and shopping centres. The rooms feature warm colours. Each comes with a TV set, free Wi-Fi and a private bathroom with a shower.

**DATE: 13 - 18 October 2016**

	NIGHTS	ROOMS	PRICE PER ROOM PER NIGHT
<b>STUDIO 3 + 2</b>	5	4	<b>150 €</b>
<b>SGL</b>	5	6	<b>38 €</b>
<b>TWIN</b>	5	12	<b>64 €</b>



**GRAND FELIX HOTEL \*\***

Grand Felix is a 3-star, modern hotel in Krakow's Nowa Huta district. It offers rooms with a private bathroom and satellite TV. Wi-Fi is free in the entire hotel.

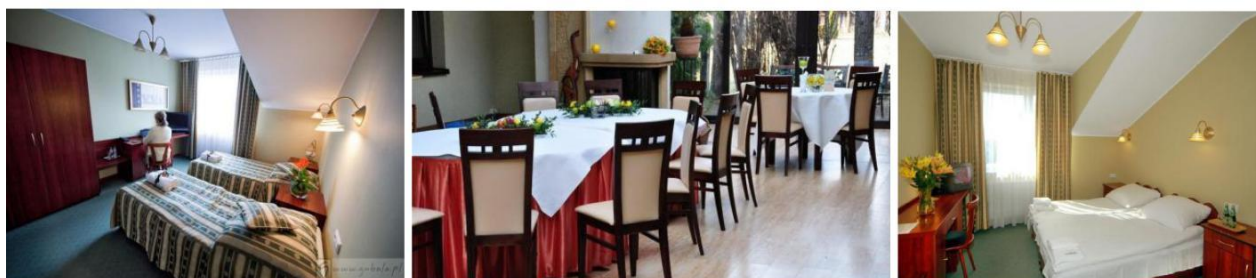
The hotel offers good connections with the Main Market Square, Kazimierz district and Tauron Arena – 4,5 km away.

**DATE: 13 - 18 October 2016**

	NIGHTS	ROOMS	PRICE PER ROOM PER NIGHT
SGL	5	5	39€
DBL	5	38	66 €
TRPL	5	1	93 €
QUAD	5	1	120 €

## **3\* HOTELS**

### **LEOPOLIS HOTEL \*\*\***



Hotel Leopold is situated in a very quiet area with a big garden yet also near the main routes and Krakow's city centre and it offers accommodation with free Wi-Fi. The Old Town is 3.6 km away and Tauron Arena is 8 km away.

The rooms at Hotel Leopold are classically decorated and carpeted. Each comes with a bathroom equipped with a hairdryer, as well as a TV and a radio.

**DATE: 13 - 18 October 2016**

	NIGHTS	ROOMS	PRICE PER ROOM PER NIGHT
<b>SGL</b>	5	2	<b>45 €</b>
<b>DBL</b>	5	21	<b>66 €</b>
<b>TRPL</b>	5	2	<b>90 €</b>
<b>QUAD</b>	5	3	<b>112 €</b>

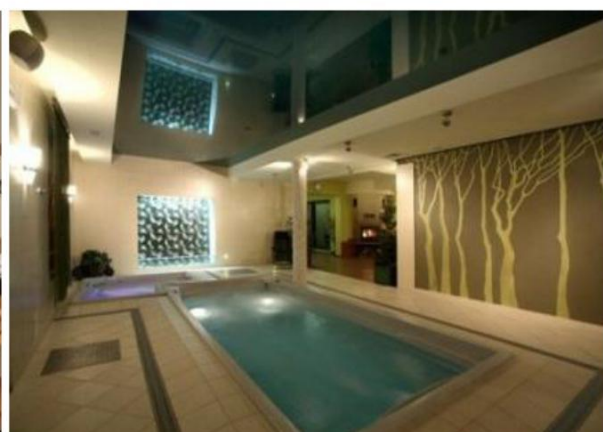


**DAISY SUPERIOR \*\*\***

Located away from Krakow's busy centre, Daisy Superior offers accommodation in a quiet part of the city, 15-minute ride from Tauron Arena. Its facilities include an indoor swimming pool available at a surcharge, free Wi-Fi and free parking. Daisy's warm and cosy rooms are equipped with TV sets and DVD players, as well as private bathrooms with a shower.

**DATE: 13 - 18 October 2016**

	NIGHTS	ROOMS	PRICE PER ROOM PER NIGHT
<b>DBL</b>	5	28	<b>66 €</b>
<b>TRPL</b>	5	4	<b>87 €</b>

**CITY SM BUSINESS & SPA HOTEL \*\*\***

The hotel is situated ca 5 km from the Old Town and ca.8,5 km from Tauron Arena. It is in a close vicinity to the Divine Mercy Sanctuary in Ląbie. It has 96 rooms with bathrooms, TV, telephone and Internet access.

**DATE: 13 - 18 October 2016**

	NIGHTS	ROOMS	PRICE PER ROOM PER NIGHT
<b>SGL</b>	5	5	<b>52 €</b>
<b>TWIN</b>	5	1	<b>70 €</b>
<b>TRPL</b>	5	9	<b>93 €</b>
<b>QUAD</b>	5	4	<b>120 €</b>

**FERO EXPRESS HOTEL \*\*\***

The hotel is situated near the Benedictine Abbey in Tyniec – 9 km from the Old Town and ca.13 km from Tauron Arena. It is close to a leisure centre with a sports hall and a swimming pool.

**DATE: 13 - 18 October 2016**

	NIGHTS	ROOMS	PRICE PER ROOM PER NIGHT
<b>SGL</b>	5	5	<b>56 €</b>
<b>DBL</b>	5	1	<b>72 €</b>
<b>TRPL</b>	5	9	<b>90 €</b>
<b>QUAD</b>	5	4	<b>116 €</b>



**RUCZAJ HOTEL \*\*\***

The hotel is located in a quiet neighborhood 5 km from the Old Town and 8 km from Tauron Arena. It is well communicated with the city center by public transport. The hotel has 45 rooms all equipped with a bathroom, air-conditioning, TV, telephone and Internet access.

**DATE: 13 - 18 October 2016**

	NIGHTS	ROOMS	PRICE PER ROOM PER NIGHT
<b>SGL</b>	5	It is possible to book 20 rooms	<b>52 €</b>
<b>DOUBLE</b>	5		<b>72 €</b>
			<b>97 €</b>
<b>TRPL</b>	5	(single, double,	<b>120 €</b>
<b>QUAD</b>	5	trpl or quad)	

**MAJOR HOTEL \*\*\***

The hotel is situated 6 km north from Old Town and ca. 7 km from Tauron Arena. It offers 45 rooms with Internet access, sanitary equipment, telephone, radio and TV.

**DATE: 13 - 18 October 2016**

	NIGHTS	ROOMS	PRICE PER ROOM PER NIGHT
<b>SGL or QUAD</b>	5	18	<b>99 € / TRPL and 128 € / QUAD</b>

**KOLNA HOTEL \*\*\***

Hotel Kolna is situated 11 km from the Old Town of Krakow, 22 km from Tauron Arena and only 7 km from the Balice Airport. It offers free Wi-Fi in the entire building and rooms with air conditioning. The rooms at the Kolna have a private bathroom with a shower cabin and a hairdryer. All feature a TV.

**DATE: 13 - 17 October 2016**

**KOLNA HOTEL - higher standard rooms**

	NIGHTS	ROOMS	PRICE PER ROOM PER NIGHT
SGL	4	11	56 €
TWIN	4	17	68 €
DOUBLE	4	8	82 €
TRPL	4	8	105 €
APARTMENT with one double bed	4	7	90 €

**KOLNA - lower standard rooms**

	NIGHTS	ROOMS	PRICE PER ROOM PER NIGHT
DOUBLE	4	10	62 €
5-bedded with bathroom	4	1	125 €
5-bedded with shared bathroom	4	4	105 €
STUDIO (6+2)	4	2	200 €



**BEST WESTERN RT GALICYA HOTEL \*\*\***

The hotel is situated ca.4 km from the historic centre of Krakow and ca.6 km from Tauron Arena. It offers 63 rooms all equipped with: a TV, radio-alarm, telephone and free Internet access.

**DATE: 13 - 18 October 2016**

	NIGHTS	ROOMS	PRICE PER ROOM PER NIGHT
<b>SGL</b>	5	5	<b>57 €</b>
<b>DBL</b>	5	4	<b>79 €</b>
<b>TRPL</b>	5	7	<b>103 €</b>
<b>QUAD</b>	5	4	<b>135 €</b>

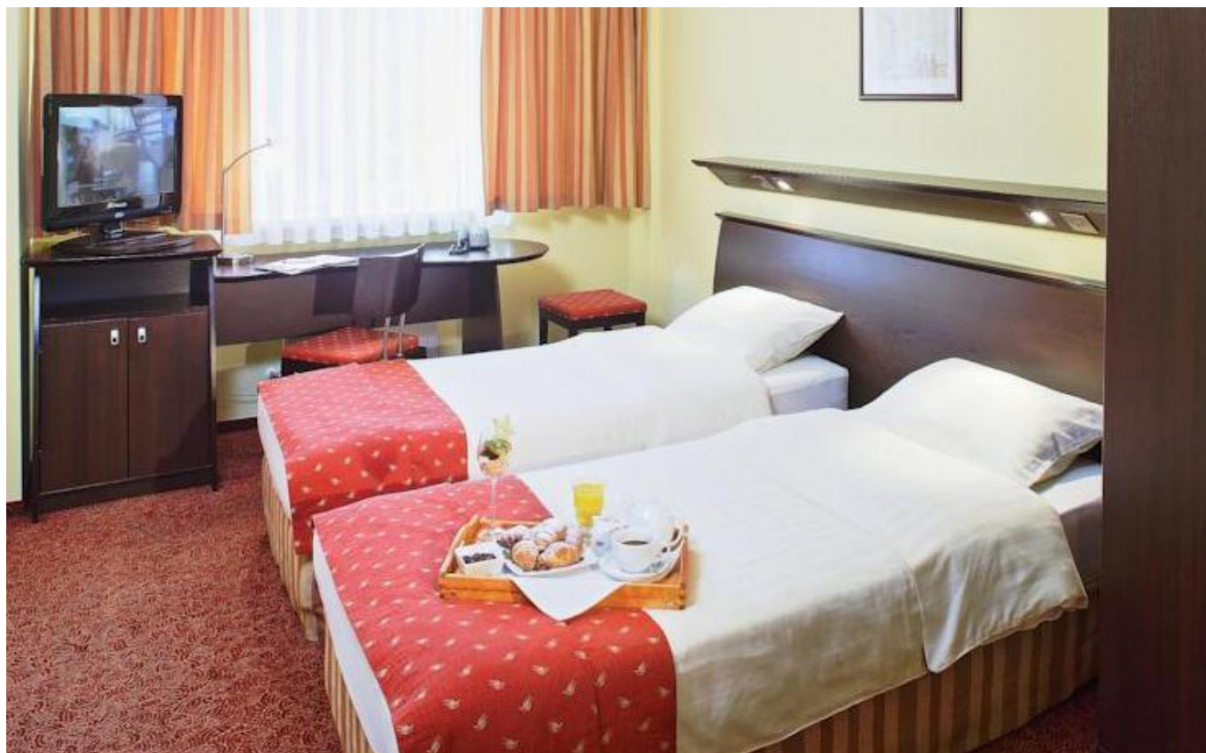
**WYSPIANSKI HOTEL \*\*\***

The hotel is located within walking distance from the most important attractions of the Old Town. Tauron Arena is 3,5 km away and can be easily reached with city transport. The hotel offers 231 rooms equipped with TV, telephone, Wi-Fi and hairdryer.

**DATE: 13 - 18 October 2016**

	NIGHTS	ROOMS	PRICE PER ROOM PER NIGHT
DBL	5	25	89 €

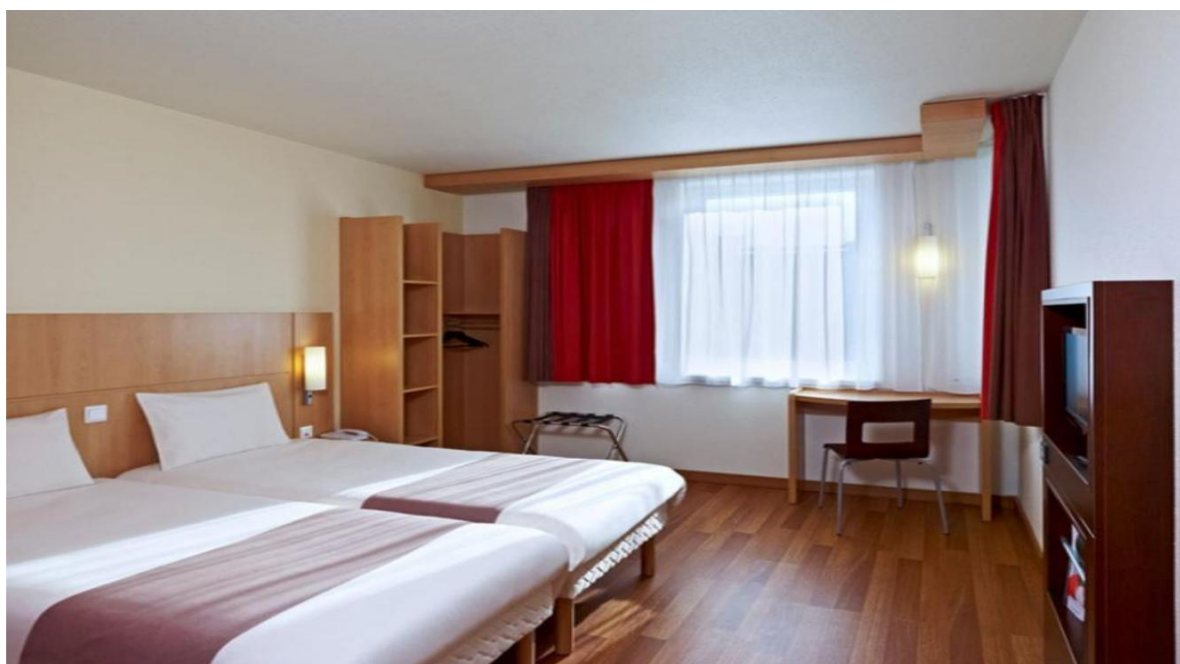


**ASCOT HOTEL \*\*\***

The hotel is located at the heart of the city – just 250 m from the Main Market Square. Tauron Arena is just 3,5 km away and can be easily reached by public transport. This modern hotel offers 49 comfortable rooms equipped with Wi-Fi, telephone, safety deposit box and air-conditioning.

**DATE: 13 - 18 October 2016**

	<b>NIGHTS</b>	<b>ROOMS</b>	<b>PRICE PER ROOM PER NIGHT</b>
<b>SGL</b>	5	5	<b>73 €</b>
<b>DBL</b>	5	15	<b>90 €</b>

**IBIS OLD TOWN HOTEL \*\*\***

The hotel is located in the heart of Krakow, very close to the Old Town and with easy access to Tauron Arena (ca 4km). It offers 135 air-conditioned rooms with Internet access.

**DATE: 13 - 18 October 2016**

	NIGHTS	ROOMS	PRICE PER ROOM PER NIGHT
<b>SGL</b>	5	5	<b>88 €</b>
<b>DBL</b>	5	15	<b>101 €</b>



**HOTEL ROYAL \*\*\***

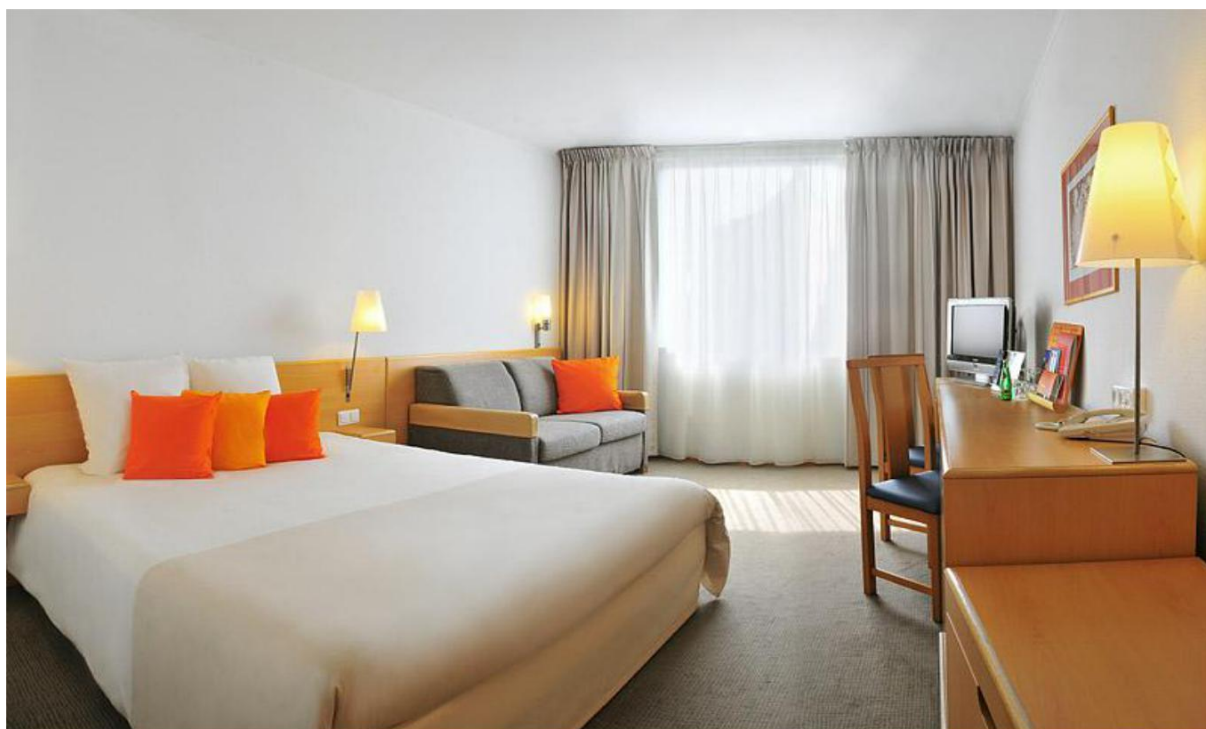
The hotel is located in the very heart of the Old Town, next to Wawel Castle and ca 4,5 km from Tauron Arena (great access). The rooms are stylized on the turn of the century design. The hotel offers 99 rooms with Internet access and TV. Next to the hotel there is Pod Wawelem Kompania Kuflowa restaurant serving great beer and dishes from Polish and international cuisine.

**DATE: 13 - 18 October 2016**

	NIGHTS	ROOMS	PRICE PER ROOM PER NIGHT
DBL	5	20	112 €

## **4\* HOTELS**

### **NOVOTEL KRAKOW CENTRUM \*\*\*\***



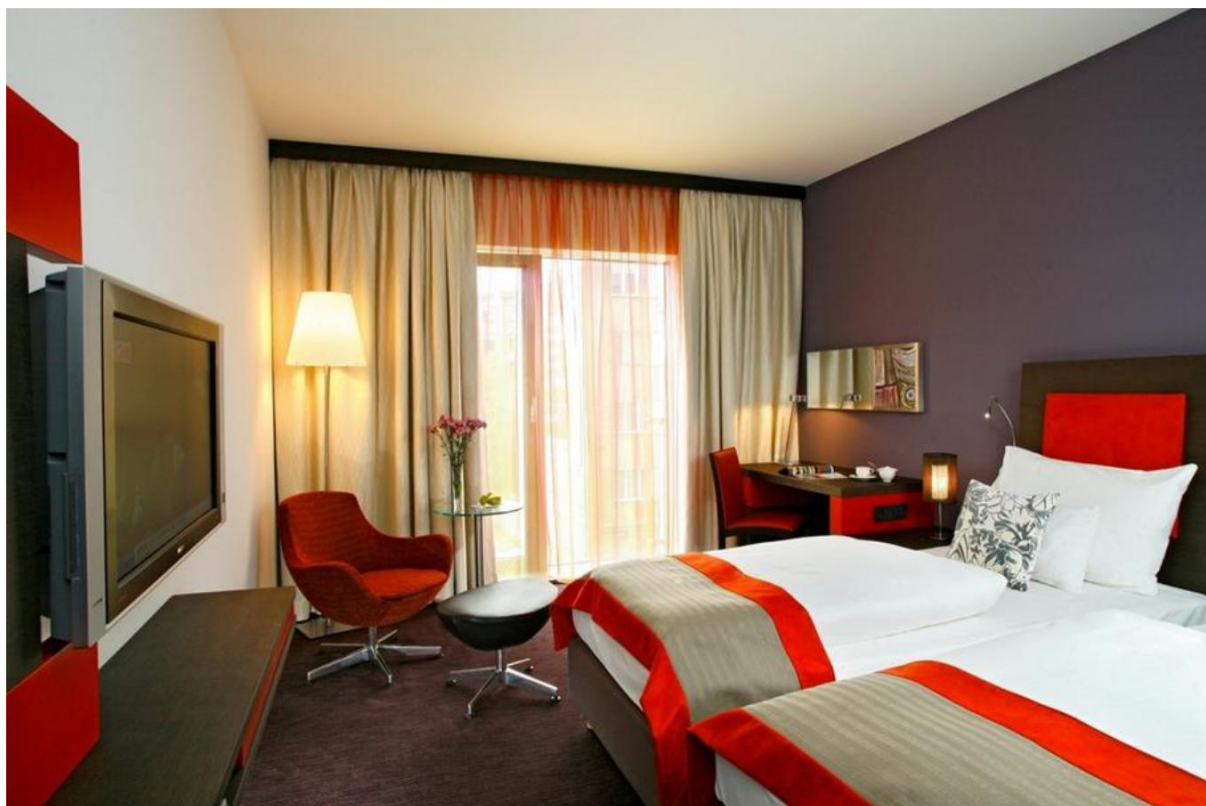
The hotel is situated on the Vistula boulevards, within walking distance to the Main Market Square and ca.6 km from Tauron Arena. The hotel offers a Wellness Center with a swimming pool, sauna, jacuzzi and gym, as well as 198 rooms with Internet connection and a safety deposit box. The restaurant and bar offer Polish and international cuisine.

#### **DATE: 13 - 18 October 2016**

	NIGHTS	ROOMS	PRICE PER ROOM PER NIGHT
<b>SGL</b>	5	5	<b>101 € / weekend, 111 € / week</b>
<b>DBL</b>	5	15	<b>112 € / weekend, 124 € / week</b>



## ANDELS HOTEL \*\*\*\*



The hotel located right in the city center, next to the Railway Station and Galeria Krakowska shopping mall and walking distance from the Old Town with all the attractions. Tauron Arena is 3,5 km away and can be easily reached with city transport. The hotel offers 159 rooms equipped with air condition, Internet access, TV, safety deposit box and telephone and with hairdryers in the bathrooms.

**DATE: 14 - 17 October 2016**

	NIGHTS	ROOMS	PRICE PER ROOM PER NIGHT
<b>SGL</b>	3	5	<b>114 €</b>
<b>DBL</b>	3	15	<b>140 €</b>